



Questions:

1. When you hear the word “Spirit”, what comes to mind?
2. Is there a particular metaphor for spirit that resonates strongly with you?
3. In what way does spirit, like yeast, work uniquely in different situations? Why do you think that is?
4. How might the spirit be working in your life?

EPISODE TITLE: “Spirit”

Hope: A Pessimist’s Guide, Episode 8

Featured Guest: *Bob Ravenscroft*

Leader and pianist Bob Ravenscroft has long been a man in pursuit of sonic perfection. His family literally has music in its blood, traceable all the way back to Thomas Ravenscroft, composer of the Whole Booke of Psalms in 1621. Four centuries later, Bob continues to bring a spiritual element and meditative reverence for the environment to his music, but he draws upon an extensive jazz writing, arranging and performing background to create “live” compositions, enabling his audiences to virtually become part of the creative process. As a performer, Bob Ravenscroft has worked with countless fine musicians, both in his own combos and with others, for more than 20 years. His Jazzbird Studio played a pivotal role in the Phoenix music community for almost two decades, offering jazz instruction, audio production, and numerous concert series. An able and avid teacher, he has served on several jazz studies faculties over the years and has helped to shape scores of up-and-coming performers.

Pneuma Divina Scripture: **John 3: 1-12**

3 Now there was a Pharisee named Nicodemus, a leader of the Jews. ²He came to Jesus by night and said to him, ‘Rabbi, we know that you are a teacher who has come from God; for no one can do these signs that you do apart from the presence of God.’ ³Jesus answered him, ‘Very truly, I tell you, no one can see the kingdom of God without being born from above.’ ⁴Nicodemus said to him, ‘How can anyone be born after having grown old? Can one enter a second time into the mother’s womb and be born?’ ⁵Jesus answered, ‘Very truly, I tell you, no one can enter the kingdom of God without being born of water and Spirit. ⁶What is born of the flesh is flesh, and what is born of the Spirit is spirit. ⁷Do not be astonished that I said to you, “You must be born from above.” ⁸The wind blows where it chooses, and you hear the sound of it, but you do not know where it comes from or where it goes. So it is with everyone who is born of the Spirit.’ ⁹Nicodemus said to him, ‘How can these things be?’ ¹⁰Jesus answered him, ‘Are you a teacher of Israel, and yet you do not understand these things?

¹¹ ‘Very truly, I tell you, we speak of what we know and testify to what we have seen; yet you do not receive our testimony. ¹²If I have told you about earthly things and you do not believe, how can you believe if I tell you about heavenly things?