



Questions:

1. What role does sabbath have in our modern world? Is it just a quaint throwback to a less complex time, or something more? Why do you think so?
2. What stood out for you from Exodus 20:8 or Mark 2:21-28? Why do you think the concept of sabbath is important enough to be included as a commandment?
3. In what specific ways might the world be different if we took the concept of sabbath seriously and faithfully?
4. How might changing our attitudes about the workplace also affect our concept of Sabbath? What part does wholeheartedness play in the ability to have satisfying work and meaningful sabbath?
5. How might the concept of sabbath apply to entire communities, or even to all of life on this planet?

EPISODE TITLE: “The Sovereignty of God”

Busy, Episode 6

Featured Guest: Pam Wilhelms

Pamela Wilhelms is a social architect, organizational consultant and executive coach. Her work in social architecture focuses on the invisible systems and structures in organizations that ignite creativity, innovation, design, and tap the collective intelligence and soul of the organization. This transformational work drives a shift in culture from mechanistic, hierarchical frameworks to models based on complex adaptive living systems and higher performance on multiple dimensions. Her coaching with executives is an integral leadership model, which applies recent research in psychophysiology, social neuroscience, spiral dynamics and quantum physics to the practical aspects of leading organizations.

Pneuma Divina Scripture:

Exodus 20:8

8 Remember the Sabbath day, and keep it holy.

1 Corinthians 6:19-20

19 Or do you not know that your body is a temple of the Holy Spirit within you, which you have from God, and that you are not your own? 20 For you were bought with a price; therefore glorify God in your body.

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