



## Questions:

1. What typically first comes to mind when you think of Psalm 23? Did anything new strike you this time? If so what and why?
2. What does it mean to you to have a table set before you in the presence of your enemies? Who are your enemies? Who considers you as an enemy?
3. What is your natural tendency—fight or flight? How might you create more balance between the two? What might be gained from that enhanced balance?
4. Psalm 23 assures us that God is with us in every aspect of our lives. How do you experience that assurance in your life? What does it allow you to be or do?
5. As a sure presence in our lives, what does God require of us?

## EPISODE TITLE: “The Assurance of God”

Busy, Episode 3

### Featured Guest: Cecil Prescod

The Rev. Cecil Charles Prescod is an ordained minister in the United Church of Christ and a brother in the Order of Corpus Christi, an evangelical catholic religious order. Cecil serves as Director of Faith Formation at Ainsworth United Church of Christ in Portland, OR. He holds a B.A in Philosophy from Haverford College (PA), and a Master of Divinity from Union Theological Seminary in the City of New York. Cecil has been active in social justice issues since his youth. Among the organizations that he has worked with are Ministers for Racial Social and Economic Justice (MRSJ) and United Black Christians in the United Church of Christ, Mackenzie River Gathering Foundation, the Urban League of Portland, Public Policy Committee of Ecumenical Ministries of Oregon, Fellowship of Reconciliation, Love Makes A Family, Inc, Brother to Brother, the American Friends Service Committee, KBOO Radio, and PFLAG Portland Black Chapter. The Urban League of Portland, and PFLAG-Portland Black Chapter.

### Pneuma Divina Scripture: Psalm 23

A Psalm of David. <sup>1</sup> The Lord is my shepherd, I shall not want. <sup>2</sup> He makes me lie down in green pastures; he leads me beside still waters; <sup>3</sup> he restores my soul. He leads me in right paths for his name's sake. <sup>4</sup> Even though I walk through the darkest valley, I fear no evil; for you are with me; your rod and your staff—they comfort me. <sup>5</sup> You prepare a table before me in the presence of my enemies; you anoint my head with oil; my cup overflows. <sup>6</sup> Surely goodness and mercy shall follow me all the days of my life, and I shall dwell in the house of the Lord my whole life long.

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